

**HVM CONVENT SR. SEC. SCHOOL**  
**SYLLABUS FOR THE SESSION (2022-23)**

**Subject: English**  
**CLASS- II**

**Literature Book : Raintree**  
**Grammar Book : Grammar and Composition**

Month	Book(Literature)	Grammar	Writing Skills	Reading Skills	Activities
<b>April 2022</b>	Ch-1 Good night, Tinku! Ch-2 How the fire fly Got It's Light	L- 1 The Alphabet L-2 Sentences L- 4 One and Many	My Favourite Teacher		Reading Activity, Self Introduction
<b>May 2022</b>	Ch-3 That What Friends are for	L- 3 Nouns Change the Gender	My Hobby	Unseen Comprehension	Make a chart on Nouns
	<b><i>Periodic Test 1 (April- May)</i></b>				
<b>June 2022</b>	<b><i>Summer Break</i></b>				
<b>July 2022</b>	Ch-4 Avani and the Pea plant Ch- 5 The Good Seed	L-5 Adjectives L-7 Pronouns Opposite Words	My School	Unseen Comprehension	Paste a picture of an animal and describe it.
<b>August 2022</b>	Ch-6 The Wolf and The Little Goats	L- 9 Verbs L-12 Adverbs	Picture Composition	Picture Composition	Book Activity Pg no- 63
<b><i>Half Yearly Examination</i></b>					
<b>September 2022</b>	<b>Syllabus for 1<sup>st</sup> Term Examination includes April to August.</b>				
<b>October 2022</b>	Ch – 7 The Elves and the Shoemaker	L- 6 Possesives L-10 Tenses (Present, Past)	Good Manners	Unseen Comprehension	Show and Tell activity
<b>November 2022</b>	Ch-8 Kites ,Kites Everywhere	L -11 Linking Nouns L-13 Prepositions	Picture Compsoition	Unseen Comprehension	Draw a colourful kite in your notebook and describe it in 5-6 sentences
<b>December 2022</b>	Ch- 9 A Gift of Crayons	L- 14 Conjunctions	A Visit to Zoo	Picture Composition	Book Activity Pg no- 92
	<b><i>Periodic Test 2 includes October and November syllabus</i></b>				
<b>January 2023</b>	Ch-10 Ammu's Kitchen	L- 15 Compositions	Format of an application		Cooking without fire
<b>February 2023</b>	<b><i>Revision</i></b>				
<b>March 2023</b>	<b><i>Annual Examination</i></b> <b>Syllabus for Annual Examination includes October to January Syllabus</b>				

**Subject: Hindi**

माह	गुँजन-2 हिंदी पाठ्यपुस्तक	व्याकरणउदयान	लेखनकौशल	वाचनकौशल	क्रियात्मक गतिविधियाँ
अप्रैल 2022	पाठ-1सूरज (कविता) पाठ-2मीठू और कौरा पाठ-3 खिलौनों की सभा	पाठ-1 वर्ण ज्ञान पाठ-2 मात्रा ज्ञान पाठ-3 संज्ञा	मेरा प्रिय मित्र / सहेली	पाँच रसीले फलों के चित्र बनाओ और रंग भरों। (Pg no. 20)	
मई 2022	पाठ- 4 इब्नबतूता (कविता) पाठ - 5 गटरू गधा	पाठ-4 लिंग बदलो (दादा-बकरा) पाठ-5 वचन बदलो (पंखा-झंडा)	मेरी प्रिय अध्यापिका अपठित गद्यांश	पानी में घुलने वाली चीजें पुस्तक गतिविधि (Pg no.38)	<u>Syllabus for Periodic Test-1</u> (अप्रैल से मई)
जून 2022	ग्रीष्मावकाश				
जुलाई 2022	पाठ-6 पायल का साहस पाठ-7 बादल (कविता)	पाठ-6 सर्वनाम (परिभाषा एवं चुनाव) गिनती(1-10)		घरों में बिजली से चलने वाले पाँच उपकरणों के चित्र बनाएँ या चिपकाएँ।	
अगस्त 2022	पाठ-8 इंडिया गेट पाठ-9 मिनी का ई-मेल	पाठ-12 (दिनों के नाम) पाठ-9 विलोम शब्द (अच्छा- गरमी)	प्रातः काल की सैर चित्र वर्णन	ऐतिहासिक स्थलों के चित्र चिपकाएँ।	<u>Syllabus for Half yearly</u> <u>Exams</u> (अप्रैल से अगस्त)
सितम्बर 2022	अर्धवार्षिक परीक्षा				
अक्टूबर 2022	पाठ-10 तितली रानी (कविता) पाठ- 11 बुलबुल के बच्चे	पाठ-4 लिंगबदलो (गुड्डा-बंदर) पाठ-5 वचन बदलो (जूता - गिलहरी) पाठ-7 विशेषण (परिभाषा एवं चुनाव)	दिवाली	उड़ने वाले चार जीवों के नाम लिखो और चित्रबनाओ। तरह-तरह के पते अपनी उत्तर- पुस्तिका में चिपकाएँ।(Pg no. 78)	
नवंबर 2022	पाठ-12 बड़े काम का थैला पाठ- 13 चिड़िया का गीत (कविता)	पाठ-9विलोम शब्द (अन्दर-सच्चा) पाठ-8 क्रिया (परिभाषा एवं चुनाव) पाठ-11 अनेक शब्दों के लिए एक शब्द	राष्ट्रीय पक्षी मोर अपठित गद्यांश	पुस्तक गतिविधि (Pg no. 87) पुराने अखबार से थैला बनाएँ।	
दिसंबर 2022	पाठ-14 शेरूदा	पाठ-12 महीनों के नाम गिनती (11-20)	चिड़ियाघर की सैर चित्र वर्णन	शाकाहारी एवं मांसाहारी जीवों का वर्गीकरण।	<u>SyllabusforPeriodicTest-2</u> (अक्टूबर से नवंबर)
जनवरी 2023	पाठ-15 बारी बारी आते मौसम	पाठ-10 समानार्थी शब्द पाठ-13 पशु पक्षियों की बोलियाँ		किन्हीं दो मौसमों के चित्र बनाकर उनके बारे में दो वाक्य लिखें।	
फरवरी 2023	पुनरावृत्ति				
मार्च 2023	वार्षिक परीक्षा				

## **Subject: Mathematics**

**Book Name : Count Down**

Month	Chapters	Activity
<b>April 2022</b>	Unit-1 Numbers up to 100 Unit-2 Numbers up to 1000	Write Serial counting (1 -100) on chart and colour all the Odd Digits
<b>May 2022</b>	Unit-3 Addition Unit-4 Subtraction	Addition and Subtraction with the help of different kind of articles
<b>May 2022</b>	<b><u>Syllabus for Periodic Test 1: April to May</u></b>	
<b>June 2022</b>	<b><i>Summer Break</i></b>	
<b>July 2022</b>	Unit-5 Multiplication Unit- 6 Division	Multiplication with repeated addition Activity on division with Marbles Pg no- 95
<b>August 2022</b>	Unit- 12 Data Handling	Data Collection Project Pg no-146
<b>September 2022</b>	<b><i>Half Yearly Examination</i></b> <b><i>Syllabus for half yearly ( April to August )</i></b>	
<b>October 2022</b>	Unit-8 Measurement	Activity with different size of leaves Activity on heavier or lighter things
<b>November 2022</b>	Unit-10 Money Unit-11 Fraction	Activity with dummy notes ( buyer and seller) Activity on Fraction with paper
<b>December 2022</b>	Unit-9 Time	Make a model of clock
<b>December 2022</b>	<b>Syllabus for Periodic Test 2 (October to November)</b>	
<b>January 2023</b>	Unit-7 Shapes and Pattern	Make a train with matchbox, bottle caps ,buttons
<b>February 2023</b>	<b><i>Revision</i></b>	
<b>March 2023</b>	<b><i>Annual Examination (Syllabus October to January)</i></b>	

**Subject: E.V.S.**

**Book Name:- Learning EVS -2**

Month	Chapter	Activities/ Assignments	Periodic Test
<b>April 2022</b>	Ch-1 Body and Health(In book) Ch-2 Inside My Body	Draw and colour different parts of body and sense organs	
<b>May 2022</b>	Ch-3 Family and Friends Ch-4 Houses We Live In	Make a photo frame and paste pictures of your family members. Draw or Paste different type of houses in Note-book.	Periodic Test-1 Syllabus (April to May)
<b>June 2022</b>			
<b>July 2022</b>	Ch-5 Food We Eat Ch-6 Clothes We Wear Ch-9 People Who Help Us	Sprout party. Paste different kind of fabrics in your Note-book. Make flash cards and speak a few lines on Our Helpers.	
<b>August 2022</b>	Ch-10 Neighbourhood Services Ch-11 Map Of India(In book) Ch-12 Plants and Animals Around Us	Paste a Map in your Note-book and label four directions.  Draw and colour shelters of animals (dog, cow, lion, sparrow and spider)	
<b>September 2022</b>	<b><i>Half Yearly Examination (L-1,2,3,4,5,6,9,10,11,12)</i></b>		
<b>October 2022</b>	Ch-13 Weather and Season Ch-14 Earth and Its Neighbours Ch-15 Save the Earth	Draw and colour things we use in different seasons.  Make a list of activities that make air, water and soil dirty. Pg no-106	
<b>November 2022</b>	Ch-8 Days to Celebrate Ch-7 Places of Worship(In book)	Paste pictures of the places of worship of different religions.	
<b>December 2022</b>	Ch-16 Means of Communication	Make a small size envelope , write down address , pincode , stamp and paste it in your Note-book	Periodic Test-2 Syllabus (October to November)
<b>January 2023</b>	Ch-17 Transport and Safety Ch-18 Games We Play	Draw and colour different means of transport. Paste pictures of Indoor and Outdoor games.	
<b>February 2023</b>	<b><i>Revision</i></b>		
<b>March 2023</b>	<b><i>Annual Examination (Feb. test Syllabus (L-7,8,13,14,15,16,17,18)</i></b>		

## Subject: Punjabi

ਮਹੀਨੇ	ਪਾਠ	ਰਚਨਾਤਮਕਗਤੀਵਿਧੀਆਂ	
ਅਪ੍ਰੈਲ 2022	ਓ ਤੋਂ ਟ ਤੱਕ, ਪੰਨਾ ਨੰ(3ਤੋਂ8) ਇਮਲਾ, ਖਾਲੀ ਥਾਵਾਂ, ਅਗਲੇਰੇ ਅੱਖਰ, ਪਿਛਲੇਰੇ ਅੱਖਰ, ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ  ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ ,ਸਹੀ ਮੇਲ ਕਰੋ	ਓ ਤੋਂ ਟ ਤੱਕ ਅੱਖਰਾਂ ਤੇ ਅਧਾਰਤ ਤਸਵੀਰਾਂ ਲਗਾਓ  ਤੇ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ	
ਮਈ 2022	ਤ ਤੋਂ ਲ ਤੱਕ, ਪੰਨਾ ਨੰ(9ਤੋਂ14) ਇਮਲਾ ,ਖਾਲੀਥਾਵਾਂ, ਅਗਲੇਰੇ ਅੱਖਰ, ਪਿਛਲੇਰੇ ਅੱਖਰ, ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ  ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ, ਸਹੀ ਮੇਲ ਕਰੋ	ਓ ਤੋਂ ਲ ਤੱਕ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ ਤੇ ਚਿੱਤਰ ਪਛਾਣ ਕੇ ਉਸਦੇ ਪਹਿਲੇ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ। (Pg-16,17)	Periodic test 1 ਓ ਤੋਂ ਲ ਤੱਕ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਅਗਲੇਰੇ, ਪਿਛਲੇਰੇ, ਚਿੱਤਰ ਪਛਾਣੋ, ਸਹੀ ਮੇਲ ਕਰੋ
ਜੂਨ 2022	<b>Summer Break</b>		
ਜੁਲਾਈ 2022	ਓ ਤੋਂ ਲ ਤੱਕ ਦੁਹਰਾਈ, ਦੋ ਅੱਖਰੀ ਸ਼ਬਦ (book reading pg no. 18 ਤੋਂ 23 ਤੱਕ) ਅਭਿਆਸ ਸਹਿਤ	ਦੋ ਅੱਖਰੀ ਸ਼ਬਦ ਨਾਲ ਸੰਬੰਧਤ ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ ਚਾਰਟ ਤਿਆਰ ਕਰੋ	
ਅਗਸਤ 2022	ਦੋ ਅੱਖਰੀ ਸ਼ਬਦ, ਅੱਖਰ ਜੋੜ ਖਾਲੀ ਥਾਵਾਂਭਰੋ, ਇਮਲਾ, ਚਿੱਤਰ ਪਛਾਣੋ ਤੇ ਲਿਖੋ, ਸਹੀ ਮੇਲ ਕਰੋ ਵਾਕ ਬਣਾਓ, ਤਸਵੀਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ	ਦੋ ਅੱਖਰੀ ਸ਼ਬਦਾਂ ਦਾ ਅਭਿਆਸ ਪੰਨਾਨੰ 22, 23 ਦੇਅੱਖਰੀ ਸ਼ਬਦਾਂ ਦਾ ਅਭਿਆਸ 5-5 ਦੇ ਅੱਖਰੀ ਸ਼ਬਦ ਚਿੱਤਰ ਸਹਿਤ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ	
ਸਤੰਬਰ 2022	<b>Half Yearly Examination</b>		
ਨਵੰਬਰ 2022	ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ, (book reading pg no -30 ਤੋਂ 35 ਤੱਕ) ਅਭਿਆਸ ਸਹਿਤ ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਇਮਲਾ, ਅੱਖਰਜੋੜ, ਚਿੱਤਰ ਪਛਾਣੋ, ਸਹੀ ਮੇਲ ਕਰੋ, ਵਾਕ ਬਣਾਓ ਅੱਖਰਾਂ ਤੋਂ ਨਵੇਂ ਸ਼ਬਦ ਬਣਾਓ,ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ	ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦਾਂ ਦਾ ਅਭਿਆਸ pg no-34,35 do on assignment sheet. ਚਾਰਅੱਖਰੀਸ਼ਬਦਾਂ ਤੇ ਅਧਾਰਤ ਤਸਵੀਰਾਂ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ।	
ਦਸੰਬਰ 2023	ਮਾਤਰਾ ਗਿਆਨ ਪੰਨਾ ਨੰ (36 ਤੋਂ 40 ਤੱਕ)  ਸਬਜੀਆਂ ਦੇ ਨਾਂ	ਸਬਜੀਆਂ ਦੇ ਨਾਂ ਤੇ ਅਧਾਰਤ ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ ਚਾਰਟ ਤਿਆਰ ਕਰੋ  (ਤਰ, ਮਟਰ, ਅਦਰਕ, ਸਲਗਮ, ਗਲਗਲ ,ਪਰਵਲ)	Periodic test 2 ,
ਜਨਵਰੀ ਫਰਵਰੀ 2023	<b>ਦੁਹਰਾਈ Revision</b>		
ਮਾਰਚ 2023	<b>Annual Examination</b> Annual Examination (ਅਕਤੂਬਰ ਤੋਂ ਦਸੰਬਰ ਤੱਕ ਦਾ ਸਾਰਾ ਸਲੇਬਸ)		

## **Subject: Computer**

<b>Month</b>	<b>Chapters</b>	<b>Practical</b>
<b>April 2022</b>	Ch-1 Computer a smart machine	Related to Chapter
<b>May 2022</b>	Ch-2 Parts of a Computer	Related to Chapter
<b>June 2022</b>	<b><i>Summer Break</i></b>	
<b>July 2022</b>	Ch -3 Uses of Computer	Related to Chapter
<b>August 2022</b>	Ch-4 Monitor and CPU	Related to Chapter
<b>September 2022</b>	<b><i>Revision</i></b>	
	<b><i>Half Yearly Examination</i></b>	
<b>October 2022</b>	Ch- 5 The Keyboard	Related to Chapter
<b>November 2022</b>	Ch-6 The Mouse	Related to Chapter
<b>December 2022</b>	Ch- 7 Starting a Computer	Related to Chapter
<b>January 2023</b>	Ch-8 Drawing and Painting for kids	Related to Chapter
<b>February 2023</b>	<b><i>Revision</i></b>	
<b>March 2023</b>	<b><i>Annual Examination</i></b>	

## **Subject: General Knowledge**

**Book Name : G.K. Planet**

Month	Topics	Chapters
<b>April 2022</b>	Unit-1 Our Surroundings	L- 1 Dining at Restaurant L-2 Shopping Fun
	Unit -2 The living World	L-3 Leaves- Big and Small
	Unit -9 Skill Booster	L-22 Best Out of Waste
<b>May 2022</b>	Unit -2 The living World	L- 4 Baby Animals L-5 Visiting the Zoo
	Unit – 3 Everyday Science	L- 6 Corona –The Deadly Virus L-7 Inside Our Body
	Unit -9 Skill Booster	L- 23 First Aid
<b>June 2022</b>		
<b>July 2022</b>	Unit – 3 Everyday Science	L- 8 Up in the Sky
	Unit -4 Exploring India	L-9 Indian Cuisines L-10 Splendid Monuments L- 11 Festivals of India
	Unit -5 Exploring the World	L- 12 Famous Landmarks L-13 Countries and Capitals
<b>August 2022</b>	Unit -6 Sports and Entertainment	L- 14 Indoor Games L- 15 Cartoon Characters L-16 Sports Arena
	Unit- 7 Languages and Literature	L-17 Ricochet Words
	Unit -8 Mental Ability	L-19 Puzzling Pattern L-20 Missing Ones L-21 Shapes and Colours

<b>September 2022</b>	<b><i>Half Yearly Examination</i></b> <b>Syllabus: April to August</b>	
<b>October 2022</b>	Unit-1 Our Surroundings	L-24 Places Around Us
	Unit -2 The living World	L-25 Water Animals L-26 Healthy Veggies L-27 Animal Homes
<b>November 2022</b>	Unit – 3 Everyday Science	L-28 Land and Water L- 29 Computer Accessories L- 30 Sensing Power
	Unit -4 Exploring India	L- 31 Religious Places L- 32 Famous Indians
<b>December 2022</b>	Unit -4 Exploring India	L- 33 Our Heroes
	Unit -5 Exploring the World	L- 34 Attractive Dresses L-35 Countries and Currencies
	Unit -6 Sports and Entertainment	L-36 Famous Singers L- 37 Traditional Sports
<b>January 2023</b>	Unit- 7 Languages and Literature	L- 38 Compound Words L- 39 Sounds Words
	Unit -8 Mental Ability	L-40 Picture Puzzle L-41 Riddles
<b>February 2023</b>	Unit -9 Skill Booster	L- 42 Intelligent Gaming L-43 Being Safe on Road
<b>March 2023</b>	<b><i>Annual Examination</i></b> <b>Syllabus: October to January</b>	



## Subject: Art & Craft

Month	Topics
April 2022	Book Pg No. :- 3,4,5,6,7 ( Fish ,Tortoise) <u>Drawing Work</u> :- Bird Drawing
May 2022	Colouring Fun Book Pg No. :- 8,9,10 ( Papaya) <u>Craft Work</u> :- Paper Origami (Fish)
	<i>Summer Break</i>
July 2022	Book Pg No. :- 11,12,13 (Peacock) <u>Drawing Work</u> :- Duck Scene
August 2022	Book Pg No. :- 14,15,16 (Flower pot, Bus) <u>Drawing Work</u> :- Teddy Bear
September 2022	Book Pg No. :- 17,18 ( Scenery)
	<i>Half Yearly Examination</i>
October 2022	Book Pg No. :- 19,20,21,31 <u>Craft Work</u> :- Tulip Flowers
November 2022	Book Pg No. :- 22,23,24 ( Dancing Girl) <u>Drawing Work</u> :- Boat
December 2022	Book Pg No. :- 25,26,27 (Beach Scene) <u>Craft Work</u> :- Paper Tearing (Pg no .37)
January 2023	Book Pg No. :-30,34, 35,39
February 2023	<b>Revision</b>
March 2023	<i>Annual Examination</i>

**Subject:Music**

Month	Songs
April 2022	<ul style="list-style-type: none"><li>Alankar Practice</li></ul>
May 2022	<ul style="list-style-type: none"><li>School Prayer</li></ul>
June 2022	<i>Summer Break</i>
July 2022	<ul style="list-style-type: none"><li>Worship Song</li></ul>
August 2022	<ul style="list-style-type: none"><li>Patriotic Songs</li></ul>
September 2022	<ul style="list-style-type: none"><li>Motivational Song</li></ul>
	<i>Half Yearly Examination</i>
October 2022	<ul style="list-style-type: none"><li>Bhazan</li></ul>
November 2022	<ul style="list-style-type: none"><li>OccasionalSong</li></ul>
December 2022	<ul style="list-style-type: none"><li>Carols</li></ul>
January 2023	<ul style="list-style-type: none"><li>Moral Song</li></ul>
February 2023	<ul style="list-style-type: none"><li>Knowledge about swar onHarmonium</li></ul>
March 2023	<i>Annual Examination</i>

### **Subject: Physical Education**

Month	Games	Activities
<b>April 2022</b>	<ul style="list-style-type: none"> <li>Yoga ,Chess</li> </ul>	<ul style="list-style-type: none"> <li>Dhanurasana, halasana ,Chess play withrule</li> <li>Simple race, funrace</li> </ul>
<b>May 2022</b>	<ul style="list-style-type: none"> <li>Exercise, Mass P.T.,Basketball</li> <li>Cricket</li> </ul>	<ul style="list-style-type: none"> <li>Exercise 1,2,3,4,5, Passing,dribble</li> <li>Batting: grip,stance</li> </ul>
<b>June 2022</b>	<i><b>Summer Break</b></i>	
<b>July 2022</b>	<ul style="list-style-type: none"> <li>Football,Chess</li> <li>Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Kicking low kick and bass, Play chess game withrules</li> <li>Padmasana , Bhujangasana</li> </ul>
<b>August 2022</b>	<ul style="list-style-type: none"> <li>Mass P.T., Longjump,</li> <li>Throw ball,Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Exercise 1,2,3,4,5, Jump in Pit with simple style, Simplepass</li> <li>Paschimotanasna,yogMudrasana</li> </ul>
<b>September 2022</b>	<ul style="list-style-type: none"> <li>Athletics,Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Batton race, simple race, Fun race, three leg race, longjump</li> <li>Sarvangasana,Matsayasana</li> </ul>
<i><b>Half Yearly Examination</b></i>		
<b>October 2022</b>	<ul style="list-style-type: none"> <li>Volley ball,Kho-kho</li> <li>Badminton</li> </ul>	<ul style="list-style-type: none"> <li>Service, underhand pass, Play kho-kho game withrule</li> <li>Play badminton withrule</li> </ul>
<b>November 2022</b>	<ul style="list-style-type: none"> <li>Chess, Carromboard</li> <li>Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Play chess game with rules, Play carom board withrules</li> <li>Padamasna,vajrasna</li> </ul>
<b>December 2022</b>	<ul style="list-style-type: none"> <li>Throw ball, Basketball</li> <li>Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Throwing and catching, Passing dribble, chestpass</li> <li>Shavasana,todasana</li> </ul>
<b>January 2023</b>	Game practice	
<b>February 2023</b>	<i><b>Annual Examination</b></i>	

### **Physical Fitness Test**

Month	Activity
<b>Term-I</b>	
April/May 2022	<ol style="list-style-type: none"> <li>Body Composition(BMI Test)</li> <li>Balance (Flamingo Balance Test)</li> </ol>
July/Sept 2022	<ol style="list-style-type: none"> <li>Coordination (Plate Tapping Test)</li> </ol>
<b>Term-II</b>	
Oct/Jan 2022-2023	(Repetition Of Ist Term Physical Fitness Test)

**Subject: Dance Syllabus**

<b><i>Month</i></b>	<b><i>Topic</i></b>
<b>April 2022</b>	Dance with song (ChoonahaiAasma)
<b>May 2022</b>	Dance with song (ChoonahaiAasma)
<b>June 2022</b>	<b><i>Summer Break</i></b>
<b>July 2022</b>	Patriotic Theme Song
<b>August 2022</b>	Choreography
<b>September 2022</b>	Dance
<b>October 2022</b>	Medley – (based on festival)
<b>November 2022</b>	Dance on Cricket Sports Medley
<b>December 2022</b>	Dance on Cricket Medley (Sports Day)
<b>January 2023</b>	Dance on Song (Ratta Maar)
<b>February 2023</b>	Dance on Carols
<b>March 2023</b>	<b><i>Annual Examination</i></b>