

HVM CONVENT SR. SEC. SCHOOL

Affiliated to C.B.S.E New Delhi (Affiliation No. 1630652)

Curriculum

Session

2024-25

Curriculum

for

Class : II

Session: 2024-25

Name of student _____

Section____

HVM CONVENT SR. SEC SCHOOL **SYLLABUS FOR THE SESSION 2024-25 CLASS- II**

Subject: English

Literature Book : Raindrops 2 Grammar Book : Grammar and Composition Vibes-2

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Month	Book(Literature)	Grammar	Writing Skills	Reading Skills	Activities	Moral Values
April 2024	Ch-1 A Mouse in the	L-1 The Alphabets	Composition-	Poem - Walk with	*Work with partner (Conversation)	Respect
	House	L-2 Sentences	My Family	Grandpa		
	Ch-2 For My Babies	L- 4 One and Many		*Reading Assessment		
May 2024	Ch-3 Dressing-up Day	L- 3 Nouns	Composition –		Role play (Speaking activity on Community	Honesty
		Change the Gender	My Classroom		Helpers)	
					Paste pictures of nouns in notebooks.	
			Syllabus Fo	r Periodic Test – I		
			L-1 A Mou	ise in the house.		
			L-2 Fa	or my Babies		
			Composition	on – My Family.		
		Gra	mmar- One and	Many, Change the Gender	•	
			L-1 Th	ne Alphabets		
			L- 2	Sentence		
			Periodic Te	est 1 (April- May)		
June 2024				mer Break		
July 2024	Poem- The Swing	L-5 Adjectives		Poem – A White Hen	Discussion on National Symbols	Sharing
	Ch- 4 A Tree for All	L-7 Pronouns	Visit to a Park	Reading Assessment		
			Picture			
			Composition			
August 2024	Ch-5 Tubby ,the Fat Cat	Opposite Words		Unseen Comprehension	Book Activity(Pg.no. 48,49-Sleep Record)	Caring
	Ch-6 In the Park			Reading Assessment	visiting a school	
			Half Yearly Exan	nination		
September		Syllabus fo	r 1 st Term Exam	ination includes April to	August.	
2024		J				
	Ch – 7 The Sky is Falling	L- 6 Possessives	Composition-	Poem – The Sky	Riddles about Animals	Helpfulness
	Ch- 8 Shopping Fun!	L- 9 Verbs(Past)	My Country	Reading Assessment	Buyer and Seller(Speaking Activity)	•
		L-10 Tenses				
November	Poem-Cradle Song	L -12 Adverbs	Composition –	Unseen Comprehension	Paste pictures of Outdoor and Indoor games	Family
2024	Ch-10 Sports Day	Change the Number,	Diwali	Reading Assessment	in Notebook	
		Change the Gender	Picture			
			Composition			
			*			I
		Y 11 Y 11 YY	g :::	D 11 4	D 101 1 11	70 11 111.1
December	Ch- 9 A Christmas Song	L- 11 Linking Nouns	Composition –	Reading Assessment	Draw and Colour the things you see in the	Responsibilities
December 2024	Ch- 9 A Christmas Song	Three forms of Verb	Value of games	Reading Assessment	Sky	Responsibilities

January 2025	Poem- Wheels	L- 13 Prepositions	Unseen	Reading Assessment	Drawing Activity on Prepositions	Obedience
		Opposite words	Comprehension			
		Format of Application				
February			Re	evision		
2025						
March 2025	Annual Examination					
	Syllabus for Annual Examination includes October to January Syllabus					

Subject: Hindi

माह	गुँजन-2 हिंदी पाठ्य पुस्तक	व्याकरण उदयान	लेखन कौशल	वाचनकौशल	क्रियात्मक गतिविधियाँ	
अप्रैल 2024	पाठ-१ फूल (कविता)	पाठ-2 वर्ण और वर्णमाला	मेरा स्कूल(अनुच्छेद)	पठन मूल्यांकन	फूल का चित्र बनाकर उसमें रंग भरें।	
	पाठ-2 मीठू और कौरा	पाठ–3 मात्राएँ		·	पसंदीदा फल का फ्लैश कार्ड बना कर उसके	
		पाठ-४ शब्द और वाक्य			बारेमें 5 पंक्तियां बोले।	
मई 2024	पाठ-3 खिलौनों की सभा	.पाठ-५ संज्ञा	मेरी अध्यापिका	ਧਾਠ 4 -	अपने पसंदीदा खिलौने पर पांच पंक्तियां बोली	
		पाठ-6 वचन बदलो	(अनुच्छेद)	इब्नबत्ता(कविता)	जाएंगी।	
				पठन मूल्यांकन	विद्यार्थी विभिन्न स्टीकरों के द्वारा एकवचन और	
				·	बहुवचन दर्शाएंगे। Periodic Test 1 (April- May)	
		Syll	labus For Periodic	Test- I		
			पाठ – १ फूल कविता			
			पाठ-2 मीठू और कौरा			
			मेरा स्कूल(अनुच्छेद)			
			पाठ—2) वर्ण और वर्णमार	ग		
	पाठ <u>-</u> 3 मात्राएँ					
	पाठ-4 शब्द और वाक्य					
			पाठ-6 वचन बदलो			
जून2024			ग्रीष्मावकाश			
जुलाई2024	पाठ - 5 पायल का साहस	पाठ-7 लिंग बदलो	अपठितगद्यांश	पठन मूल्यांकन	घरों में बिजली से चलने वाली पांच चीजों के	
	पाठ-६ प्यारे सांताक्लॉज़	पाठ 8 सर्वनाम	चित्रवर्णन		चित्र चिपकाएं ।	
		विलोम शब्द				
अगस्त2024	पाठ-7 इंडियागेट	पाठ 14 गिनती (1 से 10)	राष्ट्रीय ध्वज	पठन मूल्यांकन	इन्द्रधनुष का चित्र बनाएं व रंग भरें ।	
	पाठ-8 बारिश का एक दिन	दिनोंकेनाम	तिरंगा(अनुच्छेद)			
सितम्बर 2024			अर्धवार्षिकपरीक्षा			
अक्तूबर 2024	पाठ-10 तितली रानी (कविता)	पाठ-11 विलोम शब्द	दीवाली (अनुच्छेद)	पाठ 9-मिनी का ई-	चित्रों सहित विलोम शब्द लिखें ।	
		पाठ-९ विशेषण (परिभाषा एवं	चित्र वर्णन	मेल		
		चुनाव),	अपठितगद्यांश	(पठन मूल्यांकन)		
		पाठ ६ लिंग बदलो				

	, 5 5	पाठ-10 क्रिया(परिभाषा एवं चुनाव) पाठ-12 समानार्थी शब्द	कंप्यूटर (अनुच्छेद) चित्र वर्णन	पठन मूल्यांकन	अख़बार या रंगीन कागज का थैला बनाएं ।
		पाठ ८ वचन बदलो			
दिसंबर 2024	पाठ- 13 चिड़िया का गीत	पाठ-13 अनेक शब्दों के लिए	चिडियाघर की	पठन मूल्यांकन	शाकाहारी तथा मांसाहारी जानवरों के चित्र व उनके
	(कविता)	एक शब्द	सैर(अनुच्छेद)		खाद्य पदार्थों से संबंधित जानकारी अपनी उत्तर
	पाठ-14 शेरूदा				पुस्तिका पर लिखेंगे।
जनवरी 2025	पाठ-15 बारी बारी आते मौसम	पाठ-14 महीनों के नाम	अपठित गद्यांश	पठन मूल्यांकन	सर्दी व गर्मी के मौसम में उपयोग होने वाले
		गिनती(11 से 20)	चित्र वर्णन		चीजों के चित्र बनाएं।
फरवरी 2025			पुनरावृत्ति		
मार्च 2025			वार्षिक परीक्षा		

Subject: Mathematics Book Name : Count Down

Month	Chapters	Activity	
April	Unit-1 Numbers up to 100	Even and Odd numbers activity (Colouring Activity)	
2024	Unit-2 Numbers up to 1000 Tables (2 to 5)	Ascending and descending order activity with different objects.	
May	Unit-3 Addition	Addition and Subtraction with different kind of articles.	
2024	Unit-4 Subtraction	Addition and Subtraction with different kind of articles.	
	Tables (6 to 10)	Periodic Test 1 (April- May)	
		Syllabus For Periodic Test- I	
		Unit-1 Numbers up to 100	
		Unit-2 Numbers up to 1000	
		Unit-3 Addition Tables (2 to 5)	
June 2024		Summer Break	
July	Unit – 8 Measurement	Measurement of Classroom Objects with the help of scale.	
2024	Tables –(11,12,13)	Measurement of liquids.	
August 2024	Unit- 12 Data Handling	Data Collection activity of Age, Gender, Height of Family Members.	
September 2024	Half Yearly Examination		
October	Unit- 5 Multiplication	Multiplication Games (Cross words)	
2024	Tables (2 to 15)	Making of Division Flowers.	
	Unit -6 Division		
November	Unit-10 Money	Buyer, seller activity with dummy notes and coins.	
2024	Unit-11 Fraction	Paper folding activity on fraction.	
December	Unit-9 Time	Making of Clock with the help of Paper Plate.	
2024		Month and days activity with calendar.	
	Syllabus for Periodic Test 2 (October to November)		
January 2025	Unit-7 Shapes and Pattern	Making a garden of shapes with colourful papers in notebooks.	
February 2025		Revision	
March 2025		Annual Examination (Syllabus October to January)	

Subject: E.V.S.
Book Name:- Our World Our Future

Month	Chapter	Activities / Assignments	
April 2024	Ch-1 About Me (In Book)	Speaking Activity – Students will introduce themselves and share their	
	Ch-2 My Family	hobbies and interests with the class.	
	Ch-3 Recreation		
May 2024	Ch-4 Organs of Our Body	Classification of External and Internal Organs.	
		Periodic Test 1 (April- May)	
		Syllabus For Periodic Test- I	
		Ch-1 About Me (In Book)	
		Ch-2 My Family	
		Ch-3 Recreation	
7 2024		Ch-4 Organs of Our Body	
June 2024	CL 5 C	Summer Vacation	
July	Ch-5 Growth	Book Activity (Pg.no.31 Show the growth and changes of each family	
2024	Ch-6 Uses of Animals Ch-9 Plants Around Us	members with the help of old and new pictures.	
A 4			
August 2024	Ch-7 My Friendly Neighbourhood Ch-8 Our Food	Create a colourful collage of healthy food items using pictures from	
2024	Cn-8 Our Food	magazines and newspapers.	
September2024		Half Yearly Examination	
October	Ch-10 Water	Demonstration on water purifying methods (classroom activity)	
2024	Ch-11 My Safety	Making of First-Aid Box.	
	Ch-12 Healthy Habits	Fireless Cooking (Prepare a healthy snack using fruits, vegetables or	
November	Ch-13 Community Helpers	bread)	
2024	Ch-14 Festivals time	Book Activity (Pg.no.90) Rangoli Design Colouring Activity.	
December	Ch-16 Landforms on Earth	Draw pictures of different landforms	
2024	Ch-17 Clothes We Wear	Draw or paste pictures of different types of clothes.	
January	Ch-18 Weather and Seasons	Draw and colour the things we use in different seasons.	
2025		n · ·	
February 2025		Revision	
March	Annual Examination		
2025			

Subject: Punjabi

ਮਹੀਨੇ	ਪਾਨ	ਰਚਨਾਤਮਕ ਗਤੀਵਿਧੀਆਂ	
ਅਪ੍ਰੈਲ 2024	ੳ ਤੋਂ ਣ ਤੱਕ, ਪੰਨਾ ਨੰ (ਪੰਨਾ ਨੰ 3 ਤੋਂ 6)ਇਮਲਾ, ਖਾਵਾਂ, ਅਗਲੇਰੇ ਅੱਖਰ, ਪਿਛਲੇਰੇ	ੳ ਤੋਂ ਣ ਤੱਕ ਅੱਖਰਾਂ ਤੇ ਅਧਾਰਤ	
_	ਅੱਖਰ,ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ∣ ਤਸਵੀਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ,ਸਹੀ ਮੇਲ	ਤਸਵੀਰਾਂ ਲਗਾਓ ਤੇ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ	
	ਕਰੋ		
ਮਈ 2024	ਤ ਤੋਂ ਲ਼ ਤੱਕ, ਪੰਨਾ ਨੰ(7 ਤੋਂ 10) ਇਮਲਾ, ਖਾਲੀ ਥਾਵਾਂ,ਅਗਲੇਰੇ ਅੱਖਰ,ਪਿਛਲੇਰੇ	ੳ ਤੋਂ ਲ਼ ਤੱਕ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ ਤੇ ਚਿੱਤਰ ਪਛਾਣ	Periodic test 1 ੳ ਤੋਂ ਲ਼ ਤੱਕ,ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ,ਅਗਲੇਰੇ, ਪਿਛਲੇਰੇ,
	ਅੱਖਰ,ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਲਿਖੋ∣ ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ,ਸਹੀ ਮੇਲ ਕਰੋ∣	ਕੇ ਉਸਦੇ ਪਹਿਲੇ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ।	ਚਿੱਤਰ ਪਛਾਣੇ, ਸਹੀ ਮੇਲ ਕਰੋ∣ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ।
ਜੂਨ 2024	Sum	mer Break	
ਜੁਲਾਈ 2024	ੳ ਤੋਂ ਲ਼ ਤੱਕ ਦੁਹਰਾਈ,ਦੇ ਅੱਖਰੀ ਸ਼ਬਦ (Book reading ਪੰਨਾ ਨੂੰ 17 ਤੋਂ 19 ਤੱਕ) ਅਭਿਆਸ	ਦੇ ਅੱਖਰੀ ਸ਼ਬਦ ਨਾਲ ਸੰਬੰਧਤ	
	ਸਹਿਤ	ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ ਚਾਰਟ ਤਿਆਰ ਕਰੋ	
ਅਗਸਤ 2024	ਦੋ ਅੱਖਰੀ ਸ਼ਬਦ, ਅੱਖਰ ਜੇੜ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਇਮਲਾ, ਚਿੱਤਰ ਪਛਾਣੇ ਤੇ ਲਿਖੇ, ਸਹੀ ਮੇਲ	ਮੇਰੀ ਜਾਣ ਪਛਾਣ ਜਾਂਮੇਰੀ ਮਾਤਾ ਜੀ ਤੇ	ਅਪ੍ਰੈਲ ਤੇ ਅਗਸਤ ਤਕ ਸਾਰਾ ਸਲੇਬਸ
	ਕਰੇ ਵਾਕ ਬਣਾਓ,ਤਸਵੀਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ	ਅਧਾਰਿਤ ਕੁੱਝ ਸਤਰਾਂ (ਮੌਖਿਕ))	
ਸਤੰਬਰ 2024	Half Year	ly Examination	
ਅਕਤੂਬਰ 2024	ਤਿੰਨ ਅੱਖਰੀ ਸ਼ਬਦ, ਅੱਖਰ ਜੋੜ ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ, ਇਮਲਾ, ਚਿੱਤਰ ਪਛਾਣੋ ਤੇ ਲਿਖੋ, ਸਹੀ	ਤਿੰਨ ਅਖਰੀ ਸ਼ਬਦਾਂ ਨਾਲ ਸਬੰਧਿਤ	
	ਮੇਲ ਕਰੇ ਵਾਕ ਬਣਾਓ, ਤਸਵੀਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ। ਅੱਖਰਾਂ ਤੇਂ ਨਵੇਂ	ਤਸਵੀਰਾਂ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ	
	ਸ਼ਬਦ ਬਣਾਓ 🏻		
ਨਵੰਬਰ 2024	ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ,(Book Reading Pg.no-30 ਤੋਂ 35 ਤੱਕ)ਅਭਿਆਸ ਸਹਿਤ∣ ਕੰਨਾ,	ਰੰਗਾਂ ਦੇਨਾਂ , ਫਲਾਂ ਦੇ ਨਾਂ, ਸਬਜ਼ੀਆਂ ਦੇ	
	ਸਿਹਾਰੀ ਮਾਤਰਾ ਗਿਆਨ 🛚 ਖਾਲੀ ਥਾਵਾਂ ਭਰੇ, ਇਮਲਾ,ਅੱਖਰ ਜੋੜ,ਚਿੱਤਰ ਪਛਾਣੇ, ਸਹੀ ਮੇਲ	ਨਾਂ ਨਾਲ ਸਬੰਧਿਤ ਤਸਵੀਰਾਂ ਕਾਪੀ ਤੇ	
	ਕਰੋ, ਵਾਕ ਬਣਾਓ	ਚਿਪਕਾਓ ।	
	ਅੱਖਰਾਂ ਤੋਂ ਨਵੇਂ ਸ਼ਬਦ ਬਣਾਓ, ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ।		
ਦਸੰਬਰ 2024	ਬਿਹਾਰੀ ਦੀ ਮਾਤਰਾ ਦਾ ਗਿਆਨ , ਸਬਜੀਆਂ ਦੇ ਨਾਂ , ਰੰਗਾ ਦੇ ਨਾਂ ,ਫਲਾਂ ਦੇ ਨਾਂ		Periodic test – 2 ਕੰਨਾ , ਤਿੰਨ , ਚਾਰ ਅੱਖਰੀ ਸ਼ਬਦ ,
			ਖਾਲੀ ਥਾਵਾਂ ਭਰੋ , ਅੱਖਰ ਜੋੜ , ਚਿੱਤਰ ਪਛਾਨੇ , ਵਾਕ
			ਬਣਾਓ , ਤਸਵੀਰਾਂ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਤੇ ਗੋਲਾ ਲਗਾਓ
			, ਅੱਖਰਾਂ ਤੋਂ ਨਵੇਂ ਸ਼ਬਦ ਬਣਾਓ , ਮਾਤਰਾ ਲਗਾਓ।
ਜਨਵਰੀ 2025	ਕੰਨਾ, ਸਿ	ਹਾਰੀ, ਬਿਹਾਰੀ	
ਫਰਵਰੀ 2025	ਦੁਹਰਾਏ	ी (Revision)	
ਮਾਰਚ 2025		Examination	
	Annual Examination(শবহু	ਬਰ ਤੋਂ ਦਸੰਬਰ ਤੱਕ ਦਾ ਸਾਰਾ ਸਲੇਬਸ	

Subject: Computer

Months	Chapters	Practical	
April 2024	Chapter- 1 Know your Computer	Lab Activity as Mentioned on page 11 of the book.	
May 2024	Chapter- 2 Applications of a Computer	Learn uses of computer	
June 2024		Summer Vacation	
July 2024	Chapter-3 Working of a Computer Chapter-4 Human vs Computer	Lab Activity as Mentioned on page 22 of the book. Lab Activity as Mentioned on page 26 of the book.	
August 2024	Chapter-5 Computer Devices	Lab Activity as Mentioned on page 32 of the book.	
September 2024	Test sheet – 1 (based on chapter 1 to 5) Term – I Examination		
October 2024	Chapter-6 The Keyboard and the mouse Chapter-7 Operating a computer Lab Activity as Mentioned on page 40 of the book. Lab Activity as Mentioned on page 46 of the book.		
November 2024	Chapter-8 Fun with Tux Paint	Lab Activity as Mentioned on page 53 of the book.	
December 2024	Revision		
January 2025	Chapter-9 Introduction to Paint	Lab Activity as Mentioned on page 58 of the book.	
February 2025	Revision Text short 2 (board on shorter (45.0))		
March 2025	Test sheet – 2 (based on chapter 6 to 9) Term- II Examination		

Subject: General Knowledge Book Name: Knowledge Bites_2

	DOOK Name : Knowledge Dites_2
Month	Topics
April 2024	L=1 My Daily Routine L= 2 Pandemic L=3 Bye Bye Infection L= 4 About Myself
May 2024	L= 5 My Country L=6 Places of Worship L= 7 Famous Indian
June 2024	1. Summer Vacation
July 2024	L=8 National Flags L= 9 Exploring Symbols L= 10 Famous Monuments of India L= 11 Religious Festivals
August 2024	L= 12 Famous Personalities L= 13 Indian Costumes L= 14. The Seven Wonders of the World L=. 15 Some Natural Phenomena L= 16. World in a Glimpse L= 17 Safety First
September 2024	L= 16. World in a Glimpse L= 17 Safety First Half Yearly Examination Syllabus: April to August
October 2024	L= 18 Group of Things L= 19 Adding Words L= 20 Watching TV L=21 Name the Sport
November 2024	L=22. Science and Us L=23 Valley of Flowers

	L = 24 Animal Sounds
	L=. 25 Shelters of Animals
	L= 26 Rare Animals
December	L= 27 Young Ones
2024	L = 28 Insects Around Us
	L. = 29 Parts of Computer
	L = 30. Sports Names
January 2025	L= 31. Climbers and Creepers
	L= 32 Yummy Foods
	L= 33 Play With Patterns
	L=. 34 Fun With Dominoes
	L = 35. Vocab Builders
February 2025	Revision
March2025	Annual Examination (Syllabus: October to January)

Subject: Art & Craft

Month	Topics
	Book Pg No. :- 3,4,5,6,7
April 2024	<u>Drawing Work</u> :- Drawing of a Bird
	Book Pg No. :- 8,10,11,12,13
May 2024	Craft Work:- Pg.no.9 Paper tearing(Rocket)
	Summer Break
July 2024	Book Pg No. :- 14,15,16,17,18,19
	<u>Drawing Work</u> :- Boat Drawing
August 2024	Book Pg No. :- 20,21,22,23,24
September 2024	
	Half Yearly Examination
October 2024	Book Pg No. :- 26,28,30,31,32
	Drawing Work:- Hut Drawing
November 2024	Book Pg No. :- 33,34,35,36,37
	<u>Drawing Work</u> :- Paper Origami(FLOWER)
December 2024	Book Pg No. :- 38,39,40,41,42,43
January 2025	Book Pg No. :-44,45,46,47,48
February 2025	Revision
March 2025	Annual Examination

Subject: Music

Month	Songs
April 2023	Gayatri Mantra
May 2023	School Prayer (Aye Malik TereBande)
June 2023	Summer Break
July 2023	Practice of first & second Alankar
August 2023	Hindi Patriotic Songs
September 2023	Half Yearly Examination
October 2023	Bhazan
November 2023	Children Song, Mool mantra
December 2023	Christmas Carols
January 2024	School prayer (itni Shakti Hume de)
February 2024	Revision of full syllabus
March 2024	Annual Examination

Subject: Physical Education

		Subject: Physical Education
Month	Games	Activities
April /	1. Volleyball: - Service and Pasing	
May 2023	2. Athletics:- 50m Race, Fitness Activity	
	i) Jumping Jacks	
	ii) High Knee Jacks	
	iii) Squad Exercise	
	3. Mass P.T. Exercises:- I to VIII	
June 2023		Summer Break
July /	1. Volleyball:- Service and Passing	
August	2.Kho-Kho:- a) Chasing Skill	
2023	b) Running Skill	
	3. Mass P.T. Exercises/Fitness Exercises	
	4. Kabaddi:-Raiding, Catching, Wrist Catc	h
September		Half Yearly Examination
2023		
October /	1. Preparation of Annual Sports Day	
November /	Competition of Volleyball, Kho-Kho an	d Kabaddi Games
December	2. Practice of Asanas:- a) Padamasana	
2023	b) Bhujangasana	
	c) Tadasana	
	,	
January 2024		Game practice
February		Annual Examination
2024		

Physical Fitness Test

Month	Activity				
	Term-I				
April/May	Body Composition(BMITest)				
2023	Balance (Flamingo BalanceTest)				
July/Sept	1. Coordination (Plate Tapping Test)				
2023					
Term-II					
Oct/Jan	(Repetition Of Ist Term Physical Fitness Test)				
2023-2024					

Subject: Dance Syllabus

Month	Subject: Dance Syllabus Topic
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April 2023	Starting with flexibility stretches and basics of musicality(counts, rhythm, and poly-rhythm)
May 2023	Application of musicality in dance and time nature of music and flexibility stretches.
June 2023	Summer Break
July 2023	Rhythmic yoga, Syncopation and a beginner level choreography on Bollywood songs.
August 2023	A group choreography based on patriotic theme.
September 2023	Half yearly examination.
October 2023	Jhoomer (bhangra) and choreography based on it on song chaljindua.
November 2023	A beginners to intermediate choreography on a trending Bollywood song.
December 2023	Dhamaal, Punjab, chaal (bhangra) and an intermediate choreography based on it and Christmas celebration.
January 2024	A fusion (Bollywood-bhangra) choreography on a patriotic song.
February 2024	Revision.
March 2024	Annual Examination

Co-Scholastic Activity

Months	Co-Scholastic Activity	
April	1.PT Drill 2.Good and Bad Manners	
May	1.Card Making (Community Helpers) 2.Poem Recitation (Hindi)	
July	1.Sprouts Party / Salad Party 2.Chart Making (How to Save Earth)	
August	1.Fit and Fun Activity 2.Speaking Activity	
September	1.Pencil Shaving Activity	
October	2.Paper Bag Making/ Pencil Holder	
November		
December	1.Face Making 2.Photo Frame	
January	1.Crossword puzzles and Healthy fruits names 2. Brain Storming Activity (Sound, Fruit, Colours, Flowers, Short, Long etc.)	



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